



SEPTEMBER
2025

MIND SCAN[®]

ISSUE NO.
THIRTY-EIGHT

CENTER OF HEALING, INNER TRANSFORMATION AND LIFE EVOLUTION

“EVOLUTION IS A CONTINUOUS PROCESS OCCURRING
FOR ALL BEINGS”

~ DR PRAMEELA SREEMANGALAM

UPCOMING EVENTS

- 1. MINDSCAN MUMBAI LIGHT FAIR**
“I AM LOVE I AM LIGHT”
6TH AND 7TH SEPTEMBER (IN-PERSON)
- 2. MASTER SWAMI SAMARTH HEALING**
6TH SEPT (10.00AM TO 2.00PM)
- 3. KARMA HEALING MEDITATION**
9TH TO 13TH SEPT (5.00PM TO 6.30PM)
- 4. MASTER BROTHERS WORKSHOP**
13TH & 14TH SEPT (10.00AM TO 2.00PM)
- 5. SHIV SHAKTI HEALING**
20TH & 21ST SEPT (10:00 AM TO 2.00PM)
- 6. WOMB CONTRACT HEALING**
24TH TO 27TH SEPT (5.30PM TO 6.30PM)
- 7. MASTER PRACTITIONER COURSE**
24TH TO 26TH SEPT (10.00AM TO 4.00PM)
- 8. DORMANT MIND ACTIVATION WORKSHOP**
27TH & 28TH SEPT (10.00AM TO 2.00PM)
- 9. INNER CHILD AND SHADOW HEALING**
28TH SEPT (3.00PM - 7.00PM)

• TIMEZONE IN IST

CONTENT

1. PEARLS OF WISDOM
2. MASTER OF THE MONTH
3. LET'S PARTICIPATE
4. OREO BOY WISDOM
5. HEALING
6. MIRACLES OF LIGHTS
7. HEAL AND GROW
8. SERVING THE LIGHTS
9. MINDSCAN DECK
10. BOUQUET
11. SPIRITUAL CHECK-IN
- 12. CELEBRATING MIND SCAN'S
16TH ANNIVERSARY**



ISSUE 38: SEPTEMBER'25



Pearls of Wisdom

Dear Divine Family,

As we journey through life and the realms of consciousness, it's essential to understand **that time and timelines are frameworks for our learning and growth.** Each timeline is unique to the individual and when one tries to reflect upon it, they understand the program they've created for themselves.



As you embark on this journey of self-discovery and spiritual growth, remember that **freedom is a state of being.** It's the ability to align with your true nature and live in harmony with the universe.

As your Light body activates, your consciousness transcends the limitations of the physical realm, operating from the plane of the Divine. In this realm, abundance, love, and knowledge flow effortlessly, guiding you toward unity and harmony.

Further, by staying in constant communication with the Source, you'll align with the all-permeating consciousness of the Divine. This alignment unlocks the gates to infinite energy, liberating you and the Earth from the matrix of karma.

Remember, you are the Medium.

As an awakened being, you hold the key to freedom. By embracing your role as a medium for the Divine, you'll channel the strength and flow of infinite energy, transforming your reality and the world around you.

Call to Action:

Take a moment to reflect on your relationship with the Source. How can you deepen your connection and align with the Divine?

Affirm: "I Am Light, I Honor the Light, I Love to Live in the Lights."

With boundless love and light,
Dr Prameela Sreemangalam
Founder Mind Scan





Master of the Month

MASTER SAI BABA
Theme: THE SHELTER PROVIDER



Observe the code, breathe in the light code energy.

Affirm:

**Om Sai, Shiv Shakti Sai,
Om Sai, Shiv Shakti Sai,
Om Sai, Shiv Shakti Sai,**

Message from the Master;

Shri Saibaba of Shirdi an Indian Spiritual Guru and a fakir that transcended the barriers of religion, Saibaba of Shirdi was regarded with great reverence by both Hindu and Muslim followers.

Sai's code draws energy from the source of the universe and circulates it to the flow of life, assisting in the path of life, gifting shelter and protection to the seekers.

Sai Baba represents **holiness, purity, and peace**, and through these Divine qualities, Sai Baba's mission upon earth is to help **restore people's belief in God.**

He is the provider of everything that his followers demand through the solutions he gives and what he wants his people to receive. His larger missions on Earth included the creation, sustenance, and evolution of mankind to that state of godliness.

Amongst the Divine teachings of Baba, the principles of "**Shraddha and Saburi**" are significant for reverence, faith, patience, and perseverance towards the path of achieving the Divine's goal. And to achieve this, one should be in a state of surrender, free from expectations and greed, thus empowering the wisdom consciousness of mankind.

If you are a seeker of shelter, home, or institution to serve the Divine purpose of life, Sai asks you to wear white on Thursday and offer gratitude and surrender to Him and allow miracles to happen in your life.

Affirm:

Om Sai, Shiv Shakti Sai,
Om Sai, Shiv Shakti Sai,
Om Sai, Shiv Shakti Sai,

Thank you for protecting me with Your Divine shelter and home.





Let's Participate

FREEDOM

ESSENCE

True freedom lies within. It is when you truly master yourself; and are able to command your soul, your mind, your heart to do things you are meant to do, which defines your purpose, your true essence. It is then that you are truly a free soul.

And as Master Paramahansa Yogananda - *"This freedom (soul freedom), is not a small thing to acquire - in that freedom lies the germ of eternal freedom."*

ACTIVITY FOR THE MONTH

🌻 CONNECTING WITH YOUR SOUL

1. Find your place of quietude, spine upright, breath into the entire length of your spine.
2. Mindful about the entire movement - breathe in from the nose, up towards your forehead, moving gently towards the back of your head, your neck, your nape and down the entire spine.
3. Now placing your right hand on your heart, and the left at your navel, repeat the deep breaths and affirm three to five times, slowly, gently, intently-

"I AM LOVE. I AM LIGHT. I AM PEACE. I AM FREE. I AM PRESENCE."

🌻 BREATH OF THE INFINITE EXPANSION

1. As you further get into a meditative rhythm, with your next breath, visualize, experience or observe **Golden Lights from the Sun or The Great Central Sun**, entering your body.
2. This luminous light is growing and expanding within your consciousness - melting your walls, your perceptions about self, your perceived / societally-induced identity of the self.
3. Allow the Golden Lights to dissolve it all; your boundaries, limitations, masks - **You are ONLY the observer**. And affirm -

***"I AM BOUNDLESS. I AM FREE. I AM LIMITLESS BEING OF LIGHT.
I AM A SPARK FROM THE INFINITE."***

🌻 SOARING HIGH - YOUR SOUL FLIGHT

1. Now gently visualize a **golden bird**, which is your soul essence, your real self, your absolute truth; emerging from your heart.
2. See / Feel it spreading its radiant beautiful wings, and soaring effortlessly into infinite skies.
3. Experience the freedom of the flight - over the mountains, the waters, feeling the air, rising to the stars - wherever this bird wishes to, allow and surrender for it to fly.
4. Allow any and every earthly burden to fall off your wings and disappear into the vastness.
5. **This is your real essence, the weightlessness of your true being.**

🌻 INTEGRATE THE FREEDOM

1. Bringing the divine soul bird back within your heart, gently allow your entire body, mind and soul to experience the realness of this freedom.
2. Your heart energizing the consciousness and body further to the truth of the soul freedom.
3. With your hands placed at the heart and the navel affirm -

"FREEDOM IS MY DIVINE ESSENCE. I AM ALIGNED TO MY SOUL STRENGTH & TRUTH."

Once accomplished please drink some water and journal any truths being received at this time.





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Oreo Boy Wisdom *Message*



OREO BOY WISDOM- AFRICAN GRAY

The message is- The message is: **FREEDOM**

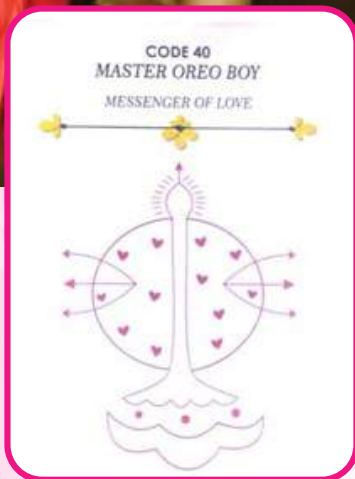
The wisdom spirit of the African Grey denotes freedom. They possess unique nature, are talented and carry innate knowledge and healing powers.

Being a **great diplomat**, the African Grey is assisting you with **mediating powers** and also to help you with a situation that is needing compromise between situations and people.

Should you need the guiding support and energy, you may simply ask for help from this wisdom bird.

Affirm

"I Am self-reliant and experience complete freedom."



Affirmation for connecting to the handsome Lord Oreo Boy.

**OREO BOY, OREO BOY LOVE YOU OREO BOY
OREO BOY, OREO BOY LOVE YOU OREO BOY**

Contributed by:
Shampa Mukerjee
Meditation Mentor@ Mind Scan®



Master Lord Oreo Boy Deck
(Lessons From Spirit Animals)
by Dr Prameela Sreemangalam



ISSUE 38: SEPTEMBER'25

Healing

Goddess ISIS
Theme: Enlightened Womb



Observe and Breathe in the
Code at Heart Chakra,
establishing oneness and
silence at heart.

Affirm:

**Thank you Goddess Isis, for
gifting healing!**



MEDITATION WITH GODDESS ISIS

Enlightened Womb

Goddess of womb enlightenment, Egyptian Mother Isis is associated with the magic of marriage, motherhood, sexual union with harmony, healing and magic of sexuality.

Through this card, Goddess Isis is guiding you to observe your feminine nature. The menstrual cycle is a very important aspect of a female's life. **With every menstrual cycle flow, a woman is taking a new birth. She undergoes multiple such birth in a single lifetime.**

Mother guides us that normally during this phase, a female's old suppressed or active emotions surface. Emotional turmoil may be created unknowingly and unexpectedly. They are the result of shredding, occurring from inner womb layers where pain and trauma are stored. **Consciously, the female has to let go and let only love and light to return to her womb.**

This gifts her with enlightening of her womb, giving her freedom from all the old agreements and empowering her to rise and grow.

Healing with Goddess's light code helps in attaining grounding, alignment and benefiting mood, thoughts and emotions. So too channeling of Goddess Isis healing to children, empowers them with the energy of strength, versatility and growth

STEPS to MEDITATE

1. After observing the **code of Goddess Isis**, establish oneness and silence at the heart. Close your eyes.
2. Visualize the Code of the Goddess and breathe in the energy and integrate at your **Heart Chakra and Womb Sacral Chakra**.
3. Experience the **flow of Goddess Energy healing occurring naturally**
4. Be in surrender to Goddess.
5. Once complete, offer gratitude and open your eyes.
6. Drink water.

Contributed by:
Madhuri Putrevu
Divine Teacher @Mind Scan®





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Miracles of *Lights*

Experience with Lights - a Miracle

I take this moment to offer my heartfelt gratitude to my Revered Father Maha Avatar Babaji, Dr. Prameela Sreemangalam-Dr.Pam, Surendar Sirji, Sunitha Mam, Madhuri Mam, Upsana Mam and all Teacher and Mentors of MindScan for great support in my most challenging situation.

Recently, I underwent Discectomy Surgery for my L4-L5 area of Spinal Column and was under complete bed-rest. The **Divine intervention occurred through Dr.Pam Ma'am healing sessions**. Each session was road for **recovery plus gave spiritual strength, soul lessons and much more**. Ability of sit, walk, manage pain improved drastically in 3 months.

I had emotional ups and downs, I was determined to fight for self. Though had physical pain, shift at mind level was a real challenge. Dr. Pam's decks and books were friends at my side. . The Mahachohan Ragoczy's Board Game is a Game Changer for my life. **Fun filled** yet received **beautiful Soul Lessons**. Many layers of clearances happened within a short period of time.

Dr.Pam Ma'am's book '**A tryst with Human Mind**' is a must read for every individual who is walking into this path of Spirituality.

The hope of light, Divine Strength and learnings from the Decks created strong impressions to bring back the inherent Divinity within me. It was **time for self-reflection; to truly know self**, especially shifting/correcting of mindset. **Inner tranquility was experienced**.

Surgeon was amazed to see my recovery at God's speed, as so I am Surgeon was also firm believer of Maha Avatar Babaji.

Surendera Sirji's constant **guidance, introspecting questions** and dedicated practice has changed many Mind Scan members, I'm truly blessed to receive guidance's of such evolved beings

In short, mindful Self-Healing, meditation, complete surrender, trust in process of healing gave me immense strength to raise my consciousness and operate from higher consciousness. This has opened new door for my Spiritual progress.

I **found myself anew now**, handcrafted under guidance of Dr.Pam and MindScan as mentor, medium of lights and strength to move ahead in path of spirituality.

Best Regards,
Naga Jyothi



Miracle of Health Healing!

Narrated by: Ms. Naga Jyothi
Collated by: Ms. Upasana Joshi
Edited by: Satyawathi Yadav
Divine Mentors and Teachers@
Mind Scan ®





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Heal and Grow



COMING TO YOU IN SEPT 2025

1. MindScan Mumbai Light Fair "I AM LOVE IAM LIGHT"

6th and 7th September

2. Master Swami Samarth Healing

6th Sept - 10.00am to 2.00pm

3. Karma Healing Meditation

9th - 13th Sept - 5.00pm to 6.30pm

4. Master Brothers Workshop

13th - 14th Sept - 10.00am to 2.00pm

5. Shiv Shakti Healing

20th - 21st Sept - 10:00am to 2.00pm

6. Womb contract Healing

14th - 27th Sept - 5.30pm to 6.30pm

7. Master Practitioner Course

26th - 28th Sept - 10.00am to 4.00pm

8. Dormant Mind Activation Workshop

27th - 28th Sept - 10.00am to 2.00pm

9. Inner Child and Shadow Healing

28th Sept - 3.00am to 7.00pm

*Timezone in IST

Weekly Activity

- Self Healing / Meditation and Earth Healing for practitioners (Wednesday)
- Community Meditation Gift on InstaGram LIVE (Friday)

DORMANT MIND ACTIVATION WORKSHOP

(Foundation & Practitioner Level).

Event Details -

With the rising count in population & exposure to various dark rooms, man and their children's mind/ life is getting gripped with addictions, negative thought forms, destructive patterns, violence and dormant state forms.

The way the darkness is rising it's not just limited to the individual or children, but the infiltration is affecting their family and inhabitants (animals and other life forms) too.

To free the consciousness, senses, intelligence, life force of the affected individuals, thereby raise their energy consciousness of mind, preserve and aid in the progression of lights and to activate the Divine Mind, this is a strong program.

A Student/ Learner will master the tools & art of healing to free humanity affected with dormant mind and controls from web of darkness.

***In the 2 day Program: Learn About* -**

1. What is dormant mind? Dangers and effects of dormant mind.
2. How does lower souls from astral world and dark force world control the dormant mind? Signs and Significance of resolution for the progress of humanity.
3. How to activate and free the dormant with spiritual healing and transform into an active, aware, productive mind in an easier & faster way?

***Benefits* -**

1. Enable their innate abilities to gift healing resolutions to affected individuals in family and society.
2. Learn to carry out analysis of the dormant affected mind and advance to work on resolution.
3. Learn the Karmic dissolution process.
4. This program is also beneficial for individuals having constraints with thinking or with slow comprehension and learning difficulties.
5. Activation and healing of the dormant mind enables a being with active spark and strength.





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Spreading the *Lights*

August truly passed by in the blink of an eye.

With light works and programs thoughtfully curated, the month unfolded through shorter sessions and meditative workshops that carried a depth of grounding and stillness.

As it also marked the birthday of our beloved Founder, Dr. Pam Ma'am, August held a special glow for us all. This is a time when the Mind Scan family feels an extra sense of joy and celebration, while being graced with boundless blessings, light, and divine presence throughout.

1. 19th August 2025 - Multiple Masters Invocations & Blessings

In August, **on the most auspicious occasion of our beloved Dr. Pam Ma'am's birthday**, the Mind Scan family was enveloped in the infinite compassion of Dr Pam Ma'am, Revered Babaji, Supreme Spirit Source and the Masters of Light. Through **Dr. Pam Ma'am's sacred Invocations**, blessings flowed upon **Relationships, Spiritual Evolution, and Life Path & Abundance**—bringing healing, karmic release, and awakening to higher truths. Each soul was bathed in **Divine mercy, unconditional love, and the flow of eternal prosperity**. With reverence and gratitude, we honor this descent of Light that uplifted our family into greater harmony, oneness, and alignment with the Supreme.

2. Meditation Gift (Fridays)

In August 2025, as the collective frequency of our family continued to rise, our light expanded into new spaces of connection.

Community Meditation Sessions were hosted via Instagram Live, allowing us to reach and uplift more hearts across the Earth.

3. Self-Healing, Meditation with Masters and Earth Healing (Wednesdays)

Every Wednesday, Mind Scan® Senior Teachers guided members through collective self-healing sessions, extending healing to Mother Earth. These high-energy gatherings **nurtured oneness consciousness and strengthened the spiritual community**, while flagship programs continued to induct new members into the self-healing path.

4. LionsGate Portal Meditation 2025

The illumined session, themed **"Progression towards Ascension"**, unfolded as a radiant flow of **Spiritual Gratitude, Spiritual Love, and Karmic Backlog Cleansing**, led with grace by **Master Lady Nada** and the Ascended Masters. In this sacred gathering, seekers entered a field of multidimensional awakening, where the **Heart, Crown, and Spirit-consciousness were infused with higher light frequencies**. Through the descent of divine vibrations, souls were lifted beyond veils of limitation into evolved dimensions of truth, harmony, and love, **anchoring a purpose-led multidimensional spiritual life atuned to service, expansion, and union with the Supreme**.



miracle



Compiled by:
Satyawathi Yadav
Meditation Mentor and Divine
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Mind Scan Book

Walk Free in Life Deck

As the universe whispers its timeless truths, will you heed the call and embark on the profound journey of Self-Mastery?

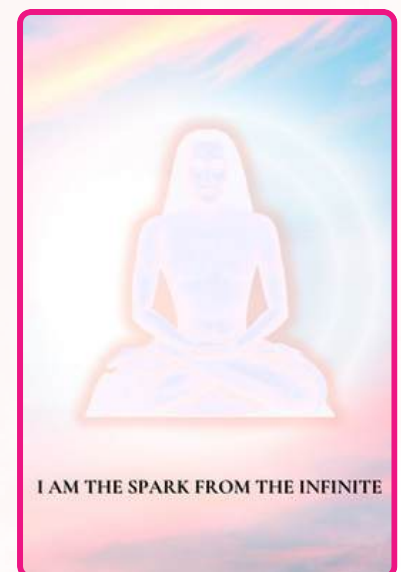
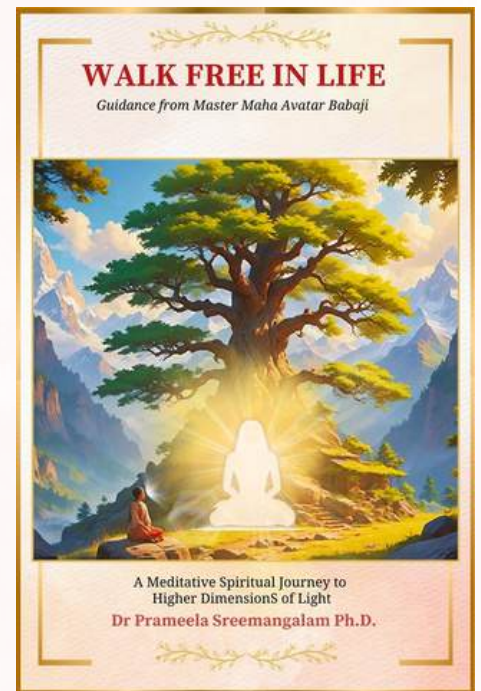
This illuminating work serves as a key to unlocking the deepest secrets of your soul, raising your consciousness to unprecedented heights. **The enigmatic and transcendent Master, Maha Avatar Babaji, continues to guide humanity beyond the confines of fear and doubt, inspiring a life infused with purpose and radiant light.**

In a world overflowing with distractions, true spiritual ascension is not merely a journey—it is a profound awakening. This deck is your “guided path to growth and self-mastery.”

Channeled with divine precision by Dr. Prameela Sreemangalam, Founder of Mind Scan and a trailblazer / visionary in scientifically supported spiritual transformation, it unveils 54 powerful lessons. Each lesson holds the potential to elevate you to higher timelines, expand your multi-dimensional awareness, and awaken your true potential as a super-mind and super-conscious being.

Discover how aligning with your inner light and walking the light-guided path with Master Maha Avatar Babaji can unlock profound healing, life progression, transcended awareness and universal oneness.

Take the first step toward your ascended life. The path awaits.



Compiled by:
Satyawathi Yadav
Meditation Mentor & Divine Teacher @ Mind Scan®





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Bouquets



Mindscan® works with light of the Ascended Masters and Goddesses and bring Transformation in Individuals Lives. Anyone who believes in spirituality, has faith in Divine and is in surrender is bound to see the transformational outcome. In the Journey of Serving Lights, Mindscan® has created and witnessed Miracles after Miracles .

Today, we share a few short gratitude notes from various members who attend the weekly Self-Healing and Earth Healing sessions as a collective on Wednesdays.

Dear Charu Ma'am,

Gratitude for the **four days journey with the Masters (MasterClass - Reading with Masters)**.

It was not (just) a Reading class, but diving deep into the Masters strength and light and then getting the messages so effortlessly for resolution.

Take away -

- **Masters are always available like the pole star.**
- Every Master takes you to understand the core of the issue and find the resolution.
- The **one card reading** is like an instant guide.
- The **two card reading** beautifully explains how the past affects the present which we usually are ignorant of or oversee.
- The **three card reading** gives a complete message from the Divine plan, there is no dilemma in an individual's mind.

My connection and love with the Masters got deepened. The interactive format helped each attendee to learn from each other and a collective ascension took place

Profound lights flowed during the invocation with the Spirit Source Light command.

Eternal gratitude to Pam Ma'am, Surendra Sir Ji, Divine Teachers, MindScan tree for this gift and ascension.

Om Babaji 🙏🙏🙏

~ **Shampa Ma'am**
(Siliguri)



Thank you!



Spiritual Health *Check-In*

Freedom is more than an outward condition – **it's an inner experience of peace, choice, and alignment with what matters most.** These simple questions invite a quiet look at the stories, fears, and habits that either open or close the way to spiritual freedom.

1. What does spiritual freedom mean to you?
2. What beliefs/fears hold you back from feeling free?
3. How would forgiving yourself or someone else change your freedom?
4. What spiritual practices help you feel free? Introspect!
5. When do you feel most free inside?

Small, honest steps toward truth and forgiveness shift how free we feel. Pick one question, try it this week, and notice even a little change in how you live and relate to others.

Freedom is feeling from inside, peace and joy you feel, support system you have and much more..





CELEBRATING 16 RADIANT YEARS OF THE MIND SCAN® TREE OF LIGHTS

This month, our hearts are filled with reverence, gratitude, and joy as we celebrate a luminous milestone: **the 16th Anniversary of the Babaji-gifted and Dr. Pam Ma'am envisioned Mind Scan® Tree of Lights.**

Sixteen years ago, what began as a **Divine vision gifted through Babaji and carried forward with the courage and surrender of Dr. Prameela Sreemangalam took form as the Tree of Lights.** Over the years, it has become far more than a concept, far more than a symbol. It has become a living presence at the heart of Mind Scan®, a guiding force for all who walk this path of Light.

For sixteen radiant years, the Tree of Lights has stood unwavering, offering its blessings and radiance to countless seekers. It has been a reminder that true transformation begins within, and when nurtured, blossoms outward to touch families, communities, and the collective vibration of humanity.

- ✿ *Awakening souls into higher consciousness*
- ✿ *Nurturing inner growth and spiritual blossoming*
- ✿ *Guiding seekers towards Light and Truth*
- ✿ *Blessing humanity and Mother Earth with collective evolution*

Every anniversary is an opportunity to pause and reflect. Sixteen years is not just the measure of time but the **measure of lives touched, hearts healed, burdens lightened, and seekers guided.** It is a measure of an **ever-expanding family of Light, growing together, lifting each other, and holding space for the unfolding of Divine Grace.**

The Tree of Lights has been both an anchor and a compass. In moments of uncertainty, it has reminded us to trust. In moments of doubt, it has offered clarity. In moments of joy, it has shown us how to offer that joy back to humanity and Mother Earth.

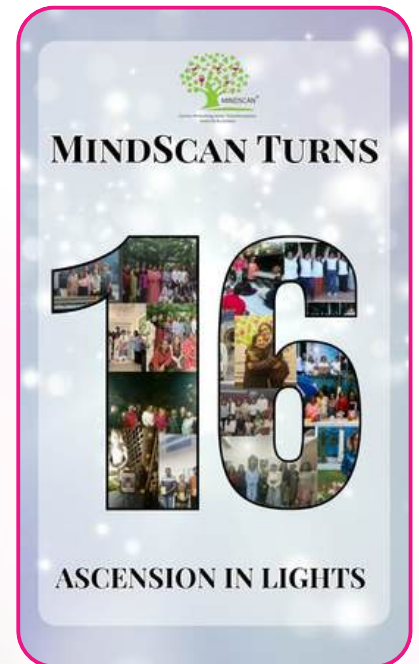
At the heart of this journey is our beloved Dr. Prameela Sreemangalam. With her vision, surrender, and strength, she continues to nurture and expand this Tree, ensuring its branches reach further and its roots grow deeper. Each of us who has been touched by her Light carries a piece of this Tree within, becoming living extensions of its radiance.

- ✨ ***Sixteen years of Light is just the beginning.***
- ✨ ***This journey continues across lifetimes, shining ever brighter and reaching ever deeper.***
- ✨ ***The Tree of Lights stands tall, a timeless reminder of what is possible when Divine vision meets human surrender.***

As we celebrate this anniversary, let us not only look back in gratitude but also look forward in devotion, renewing our commitment to live as bearers of Light, to nurture inner growth, and to keep raising the vibration of humanity together.

With utmost love and hearts full we offer our gratitude to each one of you for taking your soul call to be on this journey with us.

Om Babaji Om Babaji Om Babaji!





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SPREADING THE LIGHTS ACROSS:

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