



NOVEMBER
2025

MIND SCAN[®]

ISSUE NO.
FORTY

CENTER OF HEALING, INNER TRANSFORMATION AND LIFE EVOLUTION

“EVOLUTION IS A CONTINUOUS PROCESS OCCURRING
FOR ALL BEINGS”

~ DR PRAMEELA SREEMANGALAM

UPCOMING EVENTS

1. MIND SCAN DUBAI LIGHT FAIR
“I AM LOVE I AM LIGHT” WITH MASTER
YUKTESHWAR GIRI

22ND TO 23TH NOVEMBER
10AM TO 4PM IST

2. MAHA AVATAR BABAJI HEALING
WORKSHOP (BASIC)

1ST AND 2ND NOVEMBER
10AM TO 2PM IST

3. MAHA AVATAR BABAJI HEALING
WORKSHOP (ADVANCE)

8TH & 9TH NOVEMBER
10AM TO 2PM IST

4. HEALING WITH MASTER UNICORN
(DISTANCE HEALING)

4TH TO 8TH NOVEMBER
9:30PM IST

5. READING WITH MASTER SWAMI
SAMARTH MAHARAJ

4TH TO 7TH NOVEMBER.
5PM TO 6.30PM

6. DIVINE WOMB HEALING

7TH TO 9TH NOVEMBER AND 1ST AND 2ND
DECEMBER.
10AM TO 2PM IST

7. MASTER KUTHUMI ORGAN HEALING

15TH & 16TH NOVEMBER
4,30PM TO 6.30PM

8. GODDESS LUMINA “I AM THE LIGHT”
WORKSHOP

22ND NOVEMBER
10AM TO 2PM

9. AUTISM HEALING WITH MOTHER QUAN
YIN

23RD NOVEMBER
10.30AM TO 12.30PM

10. AHTP L1 AND L2

27TH TO 30TH NOVEMBER
10AM TO 2PM

CONTENT

1. PEARLS OF WISDOM

2. MASTER OF THE MONTH

3. LET'S PARTICIPATE

4. OREO BOY WISDOM

5. HEALING

6. MIRACLES OF LIGHTS

7. HEAL AND GROW

8. BOUQUETS

9. SERVING THE LIGHTS

10. MIND SCAN DECK

11. SPIRITUAL CHECK-IN



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Pearls of Wisdom

Dear Divine Family,

As you reflect on the past year, we realize that life gave us various lessons, helping your soul to advance and become more mature. We have learned through both small and big situations.

The big question is:

Did you face each of those situations with love and strength, light and courage from your inner self?

If so, you've emerged victorious, and your minds have become stronger.

As we continue on our path, may we remain open to infinite possibilities, guided by our soul's maturity. May our journey contribute to the ascension and evolution of Mother Earth and human consciousness.

Our higher purpose leads us to the important decisions we have to take, the larger gates that are meant to open and for which soul maturity is relevant.

May your path open to the infinite larger possibilities, as you tread the path for present and future ascension and evolution for our Mother Earth and human consciousness progression.

Affirm: "I practice mindfulness in all that I do."

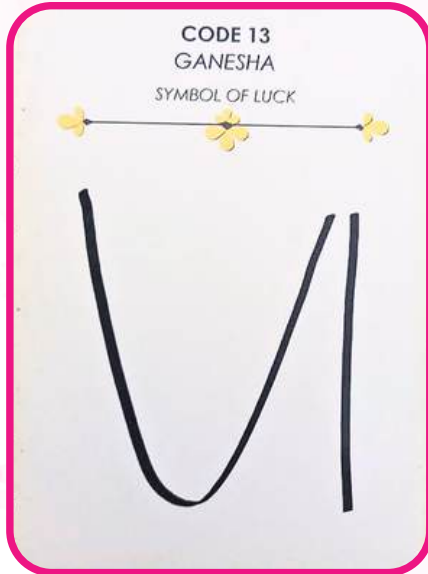
With boundless love and light,
Dr Pameela Sreemangalam
Founder Mind Scan





Master of the Month

MASTER LORD GANESHA Theme: Symbol of Luck



Observe the code, breathe in the light code energy.

Affirm:

Thank you, universal Lord Ganesha, for bringing luck and protection into my life.

Message from the Master;

Ganesha means the Lord of Ganas. “Gana” is the group community, and “Isa” means Lord, seated in the root (Mooladhara Chakra). He invokes spiritual ascension in mankind’s consciousness, thus guiding us on the path of life.

Lord Ganesha is also known as the **obstacle remover**. He empowers his followers with **infinite luck on their path**, gifts wisdom, heals diseases, increases agricultural wealth, and metals like gold, copper, brass, silver, and anything natural.

He is the cosmic friend of Lord Indra, **who is known for his knowledge, wisdom, and leadership qualities.**

From the cosmic universe, he protects the agricultural crops, prevents the atrocities of enemies, and thus also gifts progress and abundance to his followers.

Ganesha is a very popular Indian God, who is omnipresent in the world. Coming from the Gana, Lord Ganesha is revered and invoked every year in India through the Ganesha Festival.

The invocation marks the protection and growth of the country, which would also gift insights about the growth of India in centuries and holds an important position on the world map today.

Note:

If there are people in your life who are farmers, or yourself are associated with agricultural activities, invoking the presence of Lord Ganesha in the borders and center of your land, protects your land from destruction, damage, and crop productivity becomes profound.

Affirm:

Thank you, universal Lord Ganesha, for bringing luck and protection into my life.





Let's *Participate*

SOUL MATURITY - *The Path of Light Remembered*

ESSENCE: As we seek what lies within, we establish a self-love so strong and robust, that it blooms open the soul-self like Light flowing through a prism. It shines, it radiates, and if correctly aligned it can also create ripple of rainbows making everything it touches shine bright.

That is the essence of a soul that is mature; peace replaces urgency, love becomes the default frequency, and creation flows effortlessly from presence.

Let us today connect with this Divine Essence within; and do note that this activity may lead you to truly shift the trajectory of your life.

ARE YOU READY TO EMBODY WHAT YOUR SOUL REMEMBERS?

1. CENTER THE SELF

- Find a quiet space for this activity / activation. And gently close your eyes.
- Bring your awareness to your breath.. *slow, deep, rhythmic.*

2. GROUND

- Feel roots of golden light extending from your spine deep into the Earth's crystalline core.
- Sense the Mother's energy rising – steady, nurturing, ancient.

3. ALIGN

- Imagine a column of pure White-Gold Light descending from the higher dimensions, through your crown, spine, and heart.
- A beautiful culmination point of the Mother Earth's energy and the Divine Plane Light is being established at your heart centre.

4. PRESENCE

- Affirm within: **"I Am Love. I Am Light. I Love to be in The Light."**
- Feel your awareness anchor in the Divine NOW.
- Feel yourself as an endless flow of Light – timeless, whole.

5. INTEGRATION

- Now, visualize / experience / feel that a Light brilliance or a crystalline sphere is forming around you.
- This sphere spins gently, recalibrating your energy field to coherence, your unique frequency and grace.

6. REMEMBRANCE

- Affirm softly yet with innate strength: **"I Am a being of infinite Light. I Am a spark from the infinite"**
- Let this remembrance fill every cell, every breath. And here, you may also witness your Higher Self.
- Allow yourself to remember the unique essence of your Divine Higher Self. **This is the State of Self-Realization.**
- Be in this meditative space of recognition and remembrance for as long as you want to.

7. GRATITUDE

- Offer thanks to your Higher Self, to Source, and to the Earth beneath your feet.
- Acknowledge your readiness to live from this new alignment.
- Once completed, take a deep breath. And slowly bring your awareness back to your physical space.
- When ready, open your eyes – carrying the calm radiance of your awakened Light within.

#SoulMaturity #LightInAction #AwakenedLiving #InnerAlchemy #RiseInLove #7Dconsciousness #CrystallineSelf





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Oreo Boy Wisdom *Message*



OREO BOY WISDOM- AFRICAN GREY

The message is- **Freedom**

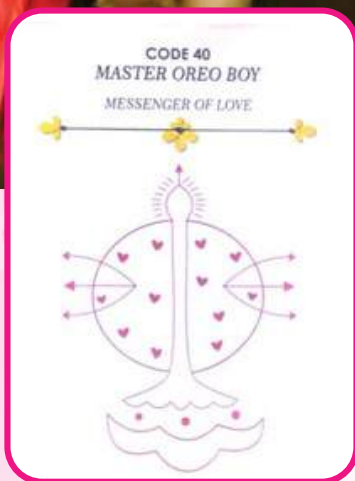
The wisdom spirit of the African Grey denotes freedom. They possess unique nature, are talented and carry innate knowledge and healing powers.

Being a great diplomat, the African Grey is assisting you with meditating powers and also to help you with a situation that is needing compromise between situations and people

Should you need guiding support and energy, you may simply ask for help from this wisdom bird.

Affirm

I Am self-reliant and experience complete freedom.



Affirmation for connecting to the handsome Lord Oreo Boy.

**OREO BOY, OREO BOY LOVE YOU OREO BOY
OREO BOY, OREO BOY LOVE YOU OREO BOY**



Contributed by:
Shampa Mukerjee
Meditation Mentor@ Mind Scan®

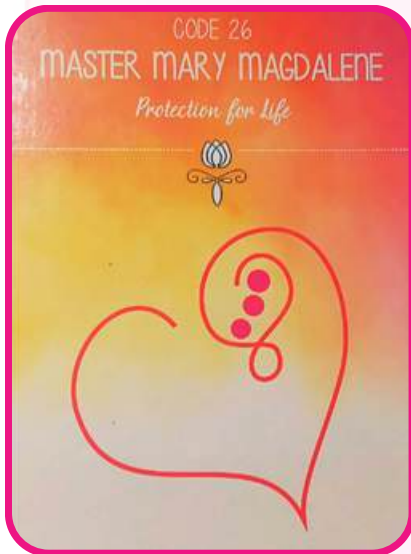




ISSUE 40: NOV'25

Healing

Master Mary Magdalene
Theme: Protection for Life



Observe and Breathe in the
Code at Heart Chakra,
establishing oneness and
silence at heart.

MEDITATION WITH GODDESS MARY MAGDALENE
Protection for Life

"Mary from Magdala is the Master and Mother for Protector of Life for all the womb healing seekers". Mother understands that your womb has carried grief due to societal labeling tags and opinions some of which would have been pushed down on you.

The divine mother Mary Magdalene gifts you with miraculous deliverances as she nurtures you with exquisite love. Mother believes in God's command

"And gifts you to produce a beautiful Kama clever lineage ahead with engineers and expressive freedom blessed with love harmony self worth and all things in the higher light command".

Mother Mary Magdalene gifts her children with self worth, courage and strong will and protects them at God's command

STEPS to MEDITATE

1. Establish inner silence through meditation and grounding in your heart chakra.
2. Establish a connection with yourself and when ready, call for the Master Mary Magdalene energy
3. By welcoming mother's lights infusions into heart and womb a believer gives unconditional permission to the divine mother to heal and safeguard their blood line while attaining freedom from the controls of any slavery, false pledges or societal dogmas
4. Incomplete surrender to divine mother **please affirm:** ***"I ask divine mother to protect my blood line I am surrendered. Thank you master for your gifts with healing"***.
5. Mothers healing lights when received and reward with an open heart helps a being with recharged energy.
6. There is a definite breakthrough and freedom is established from any old contracts or previous agreements thus gifting all future lineages, of springs with deliverance.
7. Once complete, offer gratitude and open your eyes. Drink water.

Contributed by:
Madhuri Putrevu
Divine Teacher @Mind Scan®





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Miracles of *Lights*

I'm Rajiv from Bhubaneswar. I work for PricewaterhouseCoopers and got transferred to Hyderabad via Bangalore. Unfortunately, I got dengue and was hospitalized. My platelet count dropped drastically.

My sister Madhuri guided me to connect with the Divine and gave me an affirmation from **Master Yuktेशwar Giri** to read.

Dr. Pam from Mind Scan told us our family is undergoing karmic clearance and guided Charu mam to channel **Ancestors Healing** for 11 days, along with Master Sai soul lessons. My mother Bindu was beside me as well reading the ancestors' forgiveness prayer as guided by Mind Scan Teachers

Miraculously, my health improved in **7 days!** My platelet count jumped from **26,000 to 2,10,000**, and the infection healed completely. **I'm back to perfect health!**

I'm grateful to Dr. Pam, Charu mam, Mind Scan, and the Divine Teachers. My job at PricewaterhouseCoopers is a blessing too. **I'm in gratitude for all the blessing in my life now.**

Best Regards,
Rajiv



Turning Point of Life: -

Narrated by: Mr. Rajiv

Collated by: Madhuri Putrevu

Edited by: Nagalakshmi KS

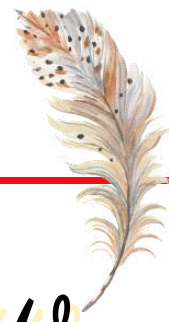
Divine Mentors and Teachers@

Mind Scan ®





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Heal and Grow

COMING TO YOU IN NOVEMBER 2025

1. Mind Scan Dubai light fair
I am Love I am Light
22nd to 23th November
10am to 4pm IST
2. Maha Avatar Babaji Healing
workshop(Basic)
1st and 2nd November
10am to 2PM IST
3. Maha Avatar Babaji Healing Workshop
(Advance)
8th & 9th November
10am TO 2pm IST
4. Healing with Master Unicorn
(distance Healing)
4th to 8th November
9:30PM IST
5. Reading with Master Swami Samarth
Maharaj
4th to 7th November.
5pm to 6.30pm
6. Divine Womb Healing
7th to 9th November and 1st and 2nd
December.
10am TO 2pm IST
7. Master Kuthumi Organ Healing
15th & 16th November
4,30pm to 6.30pm
8. Goddess Lumina I am the light
workshop
22nd November
10am to 2pm
9. Autism healing with Mother quan yin
23rd November
10.30am to 12.30pm
10. AHTP L1and L2
27th to 30th November
10AM to 2PM

Weekly Activity

- Self Healing / Meditation and Earth
Healing for practitioners
(Wednesday)
- Community Meditation Gift on Insta
LIVE (Friday)

ANCESTRAL HEALING & EDUCATION PROGRAM (Level 1 and Level 2).

Description:-

AHTP is a complete, pure, channeled, high healing energy program gifted to Dr Pam by the Supreme Spirit Source and Masters of Lights, to gift healing & freedom from ancestral shadows to humanity.

Through this spiritual science energy, with 'Masters from Lights', the 'Ancestral Imprints, Beliefs, Thoughts, Habits, Curses, Tragedies, Ailments, Anything Unhealed', are worked upon in the four levels of ancestral healing.

This program has total of 4 levels.

Level 1- The Immortal Beings.

Level 2 - Channeling with Masters.

Level 3 - Healing with Creator Consciousness

Level 4 - Divine Oneness.

Benefits -

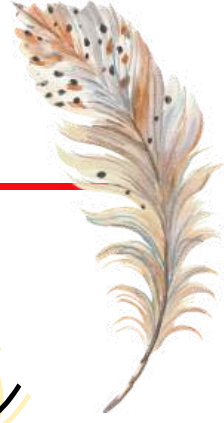
- To attain healing & resolutions in seven generations of maternal & paternal lineage.
- Attain resolutions to impressions of existing & ongoing ancestral karmic debts, sufferings in the lineages.
- To gift Ancestral Practitioners to society - for students who wish to take ahead this learning for gifting healing to humanity.
- Aid in life growth at physical, health, mind & spiritual levels. When ancestors are freed, there are many shifts at earth and spiritual levels leading to energy liberation to lights, thus supporting ascension, progression and evolution of family and life levels of individuals.
- Aid in spiritual progression and soul evolution of individuals with the gift of Ascended Masters. Further, step ahead in spiritual growth, awareness and awakening.
- Attain freedom from repetitive patterns of ancestral blocks, that's preventing life's progress which are due to ancestral karmas, traumas, sufferings, pain and non-evolution.
- Shadow healing of ancestral imprints and freedom to personality. Peacemaking for life progress through Masters guided high energy healing and invocation process.
- Ancestral Healing benefits at all levels like; Health, Life, Work, Finances, Recognition, Progression, Spiritual evolution and Knowledge, etc.

Contributed by: Sunitha R & Madhuri Putrevu
Divine Teachers @Mind Scan®





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Bouquets

Mind Scan® works with the Lights of the Ascended Masters and Goddesses and brings Transformation in a seeker's life. Anyone who believes in spirituality, has faith in Divine / Higher Self / God / Universe, and is in surrender, is bound to see the transformational outcome. In the Journey of Serving Lights, Mind Scan ® has created and witnessed various Miracles.

Today, we share a gratitude note by **Ms. Sharmila Mirchandani**, a spiritual seeker, about the **Master Buddha workshop in Bangalore**. It beautifully covers about the **Mind healing, Mindfulness, and Ascension**.

Infinite eternal gratitude Dr Pam Ma'am for a 2-day Masterclass with Master Buddha. It was a profound and intensive workshop on how **our mindset and belief systems hinder our spiritual ascension**. My key-takeaways were:

- The foundation steps of **Gratitude, Self love (let go), forgiveness and surrender** was deeply ingrained in our sub-consciousness.
- **Compassionate listening** during the interactive session helped us to process each and everyone's view without judgement.
- **DNA activation** of all the participants.
- **Love was flowing** from all the participants and it was a cohesive group.
- Buddha Myalo refers to be mindful and to be in the present.

Eternal soulful gratitude to Sunitha Ma'am, Charu Ma'am, and Nagalakshmi Ma'am for their warmth and love. Gratitude to the organizers for their effort in arranging this Light fair.

We are all blessed.





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Spreading the *Lights*

As we step forward and progress, we move towards with theme of “**Soul Maturity**”. Under the esteemed guidance of Dr. Prameela Sreemangalam Mind Scan community is constantly serving by sharing light guided knowledge and wisdom through channeled decks, books, online and in-person workshops, Light fairs and Instagram Live events to raise the collective consciousness over humanity.

1. Meditation Gift (Fridays)

For collective Ascension and growth, to radiate the inner light more brightly. Mind Scan facilitate Community Meditation on Instagram Live, every Friday through which it is activating multitudes of hearts aligning towards the Oneness.

2. Self-Healing, Meditation with Masters and Earth Healing (Wednesdays)

The Seekers of Lights, inducted into self healing through the Life transforming workshops, Light Fairs, in-person retreats and flagship Modalities are welcomed to collectively strengthen spiritually under the guidance of our highly evolved teachers to initiate guided self healing process and to Heal Mother Earth for collective Ascension and Evolution through online mode. This high vibrational session elevates the consciousness of Mother Earth with the strength of spiritual community.

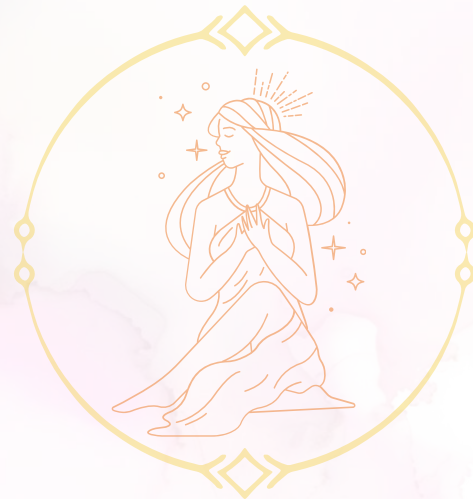
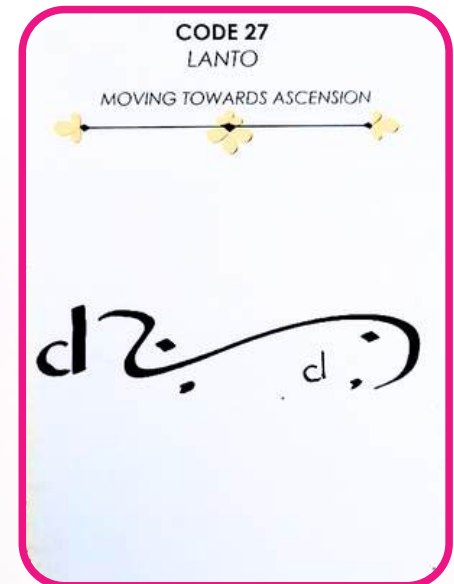
3. Master of The Week (Mondays)

Heart awakening and to welcome flow of life ,every Monday our Divine Mentors share the insightful and channeled Masters deck along with their powerful codes and relevance for the entire Mind Scan family to elevate their awareness to solution based scientific presence. Rising to healed consciousness.

4. Light Fair at Bangalore, The Buddha Myalo

Super Healing and Awakening of Minds- Light Fair and Master class with Master Buddha in Bangalore to raise the super mind to elevate the awareness to higher dimensions to operate from Divine frequency to dissolve the tangles ,correcting belief systems, recalibrating the True essence of awakened being.

This High vibrational 2 days workshop under the direct presence of **Dr. Prameela Sreemangalam** lead every seeker with radiating the inner Light- by inscribing the **Four Pillars of Spirituality**, all the participants integrated the **rebirthing of Consciousness leading towards Awakened Mind under the Supreme Blessings of Master Buddha** .



Compiled by:
Parul Malik
Meditation Mentor @Mind Scan®





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Mind Scan Book

WALK FREE IN LIFE

A gift of Light & Guidance from Master Maha Avatar Babaji

In the radiant silence of the Himalayas, **Maha Avatar Babaji reminds us that the soul's journey is eternal – an unbroken flow of evolution guided by divine will.** Through his presence and teachings, we awaken to the deeper truth that Soul Maturity is not measured by years or lifetimes, but by our ability to live in awareness, peace, and unconditional love.

A mature soul learns to respond to life, not react to it – to see the divine in every circumstance and every being. Babaji's light invites us to transcend ego and rest in the stillness of the higher Self, where wisdom naturally blossoms.

From this sacred awareness arises Soul Gratitude – a quiet, luminous state of being, where every breath becomes a prayer, every act an offering. **Gratitude then is no longer a thought, but a vibration – the soul's song of devotion to the Divine Source that sustains all life.**

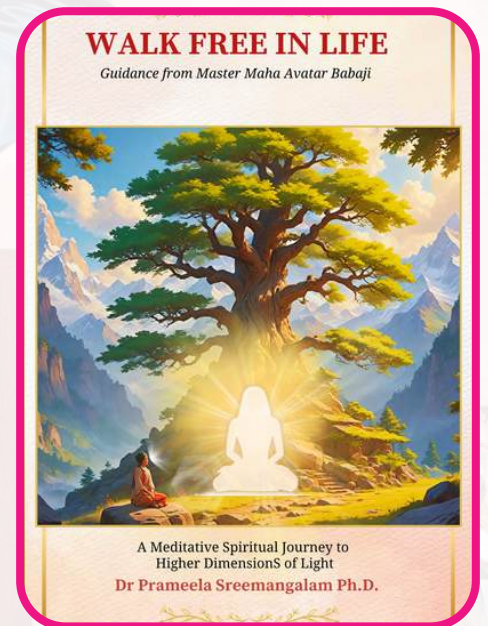
This illuminating work Walk Free In Life, serves as a key to unlocking the deepest secrets of your soul raising your consciousness to unprecedented heights. In a world over flowing with distractions, true spiritual ascension is not really a journey – it is a profound awakening. This deck is your guided path to growth and self-mastery.

Channelled with divine precision by **Dr Prameela Sreemangalam, founder of Mind Scan, visionary in scientifically supported spiritual transformation, it unveils 54 powerful lessons.** Each lesson holds the potential to elevate you to higher timelines, expand your multi-dimensional awareness, and awaken your true potential as a super mind and super conscious being.

Join countless others who have embraced this transformative journey and witnessed life altering growth – physically, mentally, emotionally, ethereally and spiritually. Master guides that when your higher self participates in the spiritual wisdom process, you **“Walk Free In Life”**

Take the first step toward your ascended life. The path awaits...

Om Babaji, Om Babaji, Om Babaji...!



Compiled by:
Vijyalakshmi Panikar
Meditation Mentor @ Mind Scan®



Spiritual Health *Check-In*

Soul Maturity is state of developed wisdom, compassion, self awareness irrespective of age with internal focus.

For many, Soul Maturity involves a **deepening spiritual quest, seeking to understand a connection to something greater and striving for higher states of consciousness, sometimes referred to as God-realization.**

Soul maturity is not about how much we know – it's about how deeply we embody what we remember.

It is the evolution from seeking Light to becoming Light.

Today, let us take a moment to introspect on the maturity of our souls, with a few reflective questions. Read, introspect, assimilate and answer:

1. **What is the purpose of my life, and is there a way to realize it?**
2. **Do my daily actions and priorities reflect my purpose?**
3. **What am I willing to let go of to be more focused on my priorities/purpose?**
4. **Am I growing in my spiritual or emotional areas?**
5. **What are the most significant challenges I have overcome, and what did I learn from them?**





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Contact Us

MEET THE TEAM



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SPREADING THE LIGHTS ACROSS:

BOM | DEL | LUH | PNQ | BLR | HYD | AMD | COK | DXB | MRU | MYS | SGP | ZAF | CAN | SFO