



AUGUST
2025

MIND SCAN[®]

ISSUE NO.
THIRTY-SEVEN

CENTER OF HEALING, INNER TRANSFORMATION AND LIFE EVOLUTION

“EVOLUTION IS A CONTINUOUS PROCESS OCCURRING
FOR ALL BEINGS”

~ DR PRAMEELA SREEMANGALAM

UPCOMING EVENTS

1. MOTHER QUAN YIN'S PRACTITIONER PROGRAM (MASTERCLASS)

23RD TO 24TH AUGUST
10AM TO 4PM IST

2. READING WITH MASTERS WORKSHOP

(HEALING & LEARNING)
25TH TO 28TH AUGUST
5PM TO 6:30PM IST

3. MASTER PRACTITIONER COURSE (MASTERCLASS)

LEVEL 1 - 29TH AUG
LEVEL 2 - 30TH & 31ST AUGUST
10AM TO 4PM IST

4. INNER CHILD AND SHADOW HEALING (HEALING MODALITY)

30TH AUGUST
4PM TO 8PM IST

CONTENT

1. PEARLS OF WISDOM

2. MASTER OF THE MONTH

3. LET'S PARTICIPATE

4. OREO BOY WISDOM

5. HEALING

6. MIRACLES OF LIGHTS

7. HEAL AND GROW

8. SERVING THE LIGHTS

9. MINDSCAN DECK

10. SPIRITUAL CHECK-IN



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Pearls of Wisdom

Dear Divine Family,

Every Master, Goddess, Zen Master, Saint and Teacher, has emphasized **the relevance and importance of mental evolution.**

Evolution is a continuous process occurring for all beings, whether aware or otherwise. However, consciously practicing and **involving oneself in evolution accelerates advancement and soul progression.** A being is able to relate to various situations and occurrences in his/her life and, instead of questioning, doubting or blaming these circumstances, he/she progresses into a **state of acceptance, recognition, and self-honouring.**

For this, a being can choose to **welcome wisdom and knowledge guided by the Lights of Ascended and Awakened Masters, who help them to see the situation from a clear spiritual lens.** At this time, an individual walks into a healing pathway. It's at this junction, that a profound recognition, knowingness and real understanding of the situation, or occurrences from the past or present dawns upon their spiritual mind.

Further, a being **undergoes detachment and emotional disengagement from the causes, effects and outcomes, which assists in the complete healing and resolution.** The law of karma and karmic consequences is annulled and dissolved, thus helping an individual move forward on the path of light, spirituality and oneness with the Divine.

Affirm: ***"I honour my spiritual journey."***

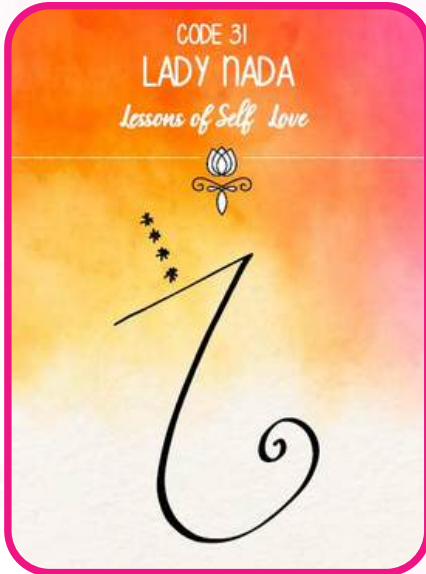
With boundless love and light,
Dr Prameela Sreemangalam
Founder Mind Scan®





Master of the Month

MASTER MOTHER LADY NADA
Theme: Lessons on Self-Love



Observe the code, breathe in the light code energy.

Affirm:
"Thank You, Master Lady Nada, for your blessings with self-love."

Message from the Master;

Golden Lady Nada Master considers earth and humanity her home. **Awakening your heart's transmission and activation of your mission with Master Lady Nada is the significance of this card appearing for you.**

The Master is asking you to **journal your lessons about love**. Know that **you are fully capable of receiving and giving love**. The gifts of **love raise the vibration of the universe**, and with Master Lady Nada, all light beings are helping and assisting you in this.

To experience their light presence, receive more assistance, and be more actively engaged in the rise of universal energy, you have to **align with the lights and raise your consciousness energy to be at a higher frequency. That's the simple law and the truth.**

While doing so, **"Divine Golden Mother"** serves from her heart and helps aid in **healing and attaining resolutions of all karmic issues that are predominantly role-playing in your life**. She guides you that the experiences in your life and those of your past were to **teach you spirit-guided lessons, and it is now time for you to bring forth wisdom into the universe and attain freedom.**

Look - "You no longer have to lock the blocks in your body energy, or with your life purpose, relationships, spirituality, work, finances or creative gifts and prolong the suffering. Rise and raise the energy of the universe."

You are given this charge by the Higher Priestess Lady Nada.

With your evolution, you would observe that your feminine energy becomes more beautiful, radiating more lights, reflecting freedom and a being rises up with their energy to be in **"Service with Selfless Love"**.

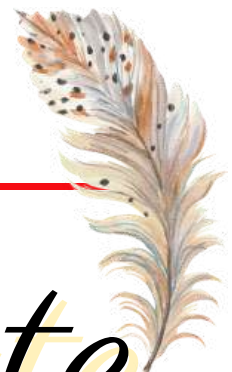
If this card and message are of significance to you, know that the **Golden Master is guiding you to engage in lightwork and bring transformations at a deeper level of self-love**. It benefits you in one of the following ways:

1. **Empower your consciousness to heal and develop self-love.**
2. **Be a Light-Worker/ Teacher/ Torchbearer** - to be in service to humanity; awaken the beings to rise in the pathway with self-love; heal the deep rooted karmic impressions, and gift freedom with love.





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Let's Participate

CONNECTING TO UNIVERSAL KNOWLEDGE, COSMIC INTELLIGENCE & DIVINE WISDOM

ESSENCE: As a devoted seeker of Light and a regular reader on this path, you have likely begun to attune yourself— whether to your Higher Self, the Cosmic Source, God Consciousness, the Creator Energy, or perhaps all of them together.

Practices like **mindfulness, chakra alignment, and conscious living** gently dissolve our old patterns and limiting beliefs. They awaken within us a vast state of awareness—so expansive that our mind begins to operate from higher frequencies. In this space, we access multidimensional guidance, higher intelligence, and Light-born wisdom.

Let us now journey into the sacred field of Eternal Knowledge and Sacred Wisdom:

CHAKRA ALIGNMENT

1. Find a quiet space, for a deep meditative experience. Sit either in a padmasana or on a chair with your hands gently placed on the knees with palms facing upwards.
2. Ensure your **aura, mind, heart and soul are open to receive the Lights**. Gently find yourself **sitting under the Tree of Light Strength, Knowledge & Wisdom - MIND SCAN TREE**.
3. With each breath, visualize **Golden Lights from the Divine Tree entering your Heart Chakra**, energizing & strengthening it.
4. **Stay here for a few breaths (7 to 9 breaths)**, till you experience a sense of joy or calm or strength at the heart.
5. Now imagine, with every deep breath, **a pillar of Golden Light moving first from the Heart to Root Chakra, and then from the Root to the Heart to the Crown Chakra**.

CHAKRA EXPANSION

1. Each breath now deepens the strength and expansion of your chakras. Your entire body becomes a radiant source of Light.
2. Ground this luminous state by breathing into your Heart, Root, and Crown Chakras (5–7 breaths).
3. As your **Crown Chakra** strengthens, imagine it expanding like a glowing lotus, connecting you to the Universal Grid of Consciousness.
4. You may wish to chant **“Om”** to anchor and amplify this expansion.
5. With each expansion, your chakras begin syncing with the frequencies of the **Universal Intelligence**.

Breathe. Connect. Align. Embrace. Embody. Expand.

“You are a multidimensional being, awakening to your true nature.”

COSMIC CONNECTION

1. As you bask in this expanded state of consciousness, tune in. Receive the subtle downloads, insights, understandings, and sacred knowledge the Universe is offering you in this moment.
2. You are now aligned – a **Child of the Divine**, reclaiming your true identity and cosmic essence. When you receive this connection, **journal** your insights. Document the messages, symbols, or visions.
3. And when you're ready, **share them**. Let this wisdom ripple through the world.
4. You're welcome to share with us too – **join our WhatsApp group** or **write to us at drprameela@prameelasreemangalam.com**

#DivineWisdom #CosmicConsciousness #ChakraAlignment #LightAwakening #UniversalIntelligence

Written By:
Charu Dhingra

Divine Teacher, Mind Scan®

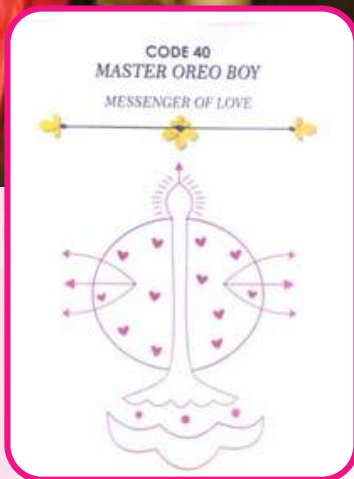




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Oreo Boy Wisdom *Message*



Affirmation for connecting to the handsome Lord Oreo Boy.

**OREO BOY, OREO BOY LOVE YOU OREO BOY
OREO BOY, OREO BOY LOVE YOU OREO BOY**

Contributed by:
Shampa Mukerjee
Meditation Mentor@ Mind Scan®



OREO BOY WISDOM-FISH

The message is- *The message is: Trusting Innate Abilities*

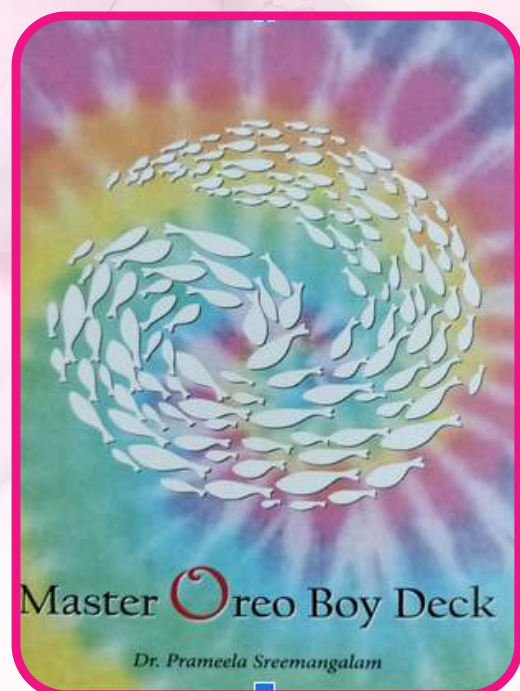
*The wisdom spirit of the Fish is guiding you to **observe** and **understand your innate abilities**. As much as you are able to adapt to the changing seasons of your life, it is possible that while journeying around, you may forget about these gifts.*

You are adaptable to nature and environment and undertake changes positively. You also follow your senses and adapt to transitions with optimism, hope and positivity.

*This card meaning has come at a time, when you are contemplating a situation or has allowed skepticism to creep into your mind about a changing scenario of your life. The wisdom light of the Fish is asking you to **relax and reconnect with your abilities and practice trust**.*

Affirm

I Am good to go ahead.



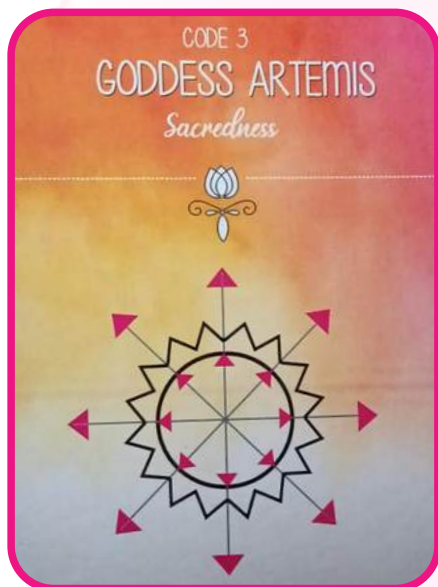
Master Lord Oreo Boy Deck
(Lessons From Spirit Animals)
by Dr Prameela Sreemangalam



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Healing

Goddess Artemis
Theme: Sacredness



Observe and Breathe in the Code at Heart Chakra, establishing oneness and silence at heart.



MEDITATION WITH GODDESS ARTEMIS

SACREDNESS

The **Greek Goddess Artemis** is carefree in nature and symbolizes nature, wild animals, vegetation, forest & freedom.

She is the **twin sister of Apollo**, the Master who imparts knowledge and education and the Goddess is a guardian to her brother.

The appearance of this card may be symbolic and significant for you to receive any assistance from the Goddess - about anything which is important for you in the present.

Being an embodiment of protection, Goddess helps all feminine beings to safeguard their sacred nature of virginity, heals and gifts reliefs from diseases at any states of their life.

When Goddess Lights are infused into the Womb/sacral chakra of female's and males, **they attain freedom from the victim energies of rape imprints, violence, abuse and dishonor.**

The Wombs that have witnessed any sudden losses through death will benefit from the gifting of LIGHTS OF GODDESS

Goddess Lights aids in moon energy imbalance healing and restoration to natural balance.

STEPS to MEDITATE

1. After observing the **code of Goddess Artemis**, establish oneness and silence at the heart. Close your eyes.
2. Visualize the Code of the Goddess and breathe in the energy and integrate at your **Heart Chakra and Womb Sacral Chakra.**
3. Experience the **flow of Goddess Energy healing any victim states present consciously and unconsciously.**
4. Be in surrender to Goddess.
5. Once complete, offer gratitude and open your eyes.
6. Drink water.

Contributed by:
Madhuri Putrevu
Divine Teacher @Mind Scan®





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Miracles of *Lights*

With immense joy, love, and gratitude, I am humbled to share that by Divine Grace, our family has been blessed with our **Divine Home**—the registry was completed earlier this week.

This is not just a physical milestone, but a spiritual one, deeply rooted in a journey that began in February 2023, when I was first guided to the Mind Scan Umbrella.

And since then, my soul's path towards the Light truly began to unfold. Every session led by our Divine Mother, Divine Father, and the beautiful community of teachers and mentors, has been transformative—lifting us from lower states, dissolving karmic layers, and bringing clarity, strength, and connection with the Divine and Masters.

The retreats, light fairs, and the unconditional support of the Mind Scan family have helped me and my Earth family grow spiritually, evolve consciously, and step into higher states of being.

Today, **I walk with trust, knowing that in every challenge, my spiritual family stands beside me.**

With even deeper gratitude, I am honoured to share that the Goddesses and his sacred Karma Bhumi have also blessed us with a small piece of land, we receive with reverence and devotion.

As guided by **Mahavatar Babaji**,
“**Thank you, Karma, for the opportunity to heal and transform me.**”

This journey has truly been a Miracle of Lights—a sacred unfolding of grace, healing, and spiritual awakening.

I AM Light

I AM from The Light

I Love to be in Lights

Best Regards,
Pallavi Arora



Dream (Home) come true!

Narrated by: Ms. Pallavi Arora

Collated by: Madhuri Putrevu

Edited by: Satyawathi Yadav

*Divine Mentors and Teachers@ Mind Scan **





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Heal and Grow

COMING TO YOU IN AUGUST 2025

1. Master Buddha Master Class- 2nd to 3rd Aug- 10.00am to 2.00pm.
2. Master Hazrat Babajan Master Class - 2nd and 3rd Aug - 5.00pm to 7.00pm
3. Reading with Mother Quan Yin- 5th to 9th Aug-5.00pm to 6.30pm
4. Lions-Gate Portal Meditation - 8th Aug -5.00pm to 6.30pm
5. Life and Soul Healing with Master Lady Nada -9th Aug - 10th Aug 10:00 am to 2.00pm
6. Spiritual Gratitude Meditation- 11th to 15th and 18th to 22nd Aug 5.30pm to 6.30pm
7. Mother Quan Yin's Practitioner Program - 23rd to 24th August -10am to 4pm.
8. Master Practitioner Course - 24th Date 29th to 31st August- 10am to 2pm
9. Inner Child and Shadow Healing - 30th August -Time 4pm to 8pm

Weekly Activity.

- Self Healing / Meditation and Earth Healing for practitioners (Wednesday)
- Community Meditation Gift on Insta LIVE (Friday)

MOTHER QUAN YIN HEALING WORKSHOP (Foundation & Practitioner Level).

About Mother Quan Yin -

Goddess of Compassion, Healing and Mercy Mother Quan Yin is an Ascended Master, who gifts assistance to all the individuals and healers across the world. She represents the **7th Ray of Wisdom**, qualities of which are Karmic Healing, Transmutation, Soul Deliverance and Forgiveness.

This channeled healing modality, was gifted to- received and downloaded directly by **Dr Pam under the mystic guidance of Mother Quan Yin & witness of Divine Truth.**

Benefits -

- Learnings about the foundation of Mother Quan Yin's Healing and transform as a Healer to serve the world.
- Heals and transforms the receivers consciousness, activates deep cellular and molecular healing by healing of past life impressions, trauma releases, stuck mental challenges carried out further ahead with gifted spiritual flames.
- Activation of Mother's compassionate, mercy and love energy as spiritual ceremonial process heals the vertebral column and neurons in the brain, a new energy of awakening, enlightenment, ascension and realization gets programmed and accomplished.
- Mother Quan Yin Healing is beneficial for parents of children with special needs and conditions has karmic residues
- Inducting into Self-Healing process activates higher spiritual progression, a gateway to Divine Oneness/Nirvana.

Specialty Learning Areas -

1. Children
2. Adults
3. Senior Citizen
4. Spiritual Activation.



Contributed by: Sunitha R & Madhuri Putrevu
Divine Teachers @Mind Scan®





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Spreading the *Lights*

August, is a month knowledge and wisdom. Through the selfless service of our Teachers and Mentors to **activate hearts, heal Mother Earth, and shone the light for all others onto the pathway of lights.** While Mind Scan community is serving by sharing light guided knowledge and wisdom through books, decks, online and in-person workshops, Light fairs and Instagram Live events, each of them have been profound impact to humanity.

1. Meditation Gift (Fridays)

As the frequency of our collective rises and the light within each soul begins to glow brighter, the call for deeper connections and expansions has arrived.

From 1st August 2025, our Community Meditation Sessions will now be conducted via Instagram LIVES – expansion to the new portal to reach and uplift more hearts across the Earth.

2. Self-Healing, Meditation with Masters and Earth Healing (Wednesdays)

We here at Mind Scan® invite members **inducted into the self-healing process** to join Our Senior Teachers to undergo a guided self-healing process and thereafter **contribute to Mother Earth Healing every Wednesday.**

A collective consciousness healing and ascension occurs. This session is a powerful high energy healing session, strengthening and awakening the oneness consciousness. Reminding us of the power of a spiritual community. To learn the art of Self-Healing, participate in one of the many flagship programs of Mind Scan, to be inducted into this powerful self-healing practice.

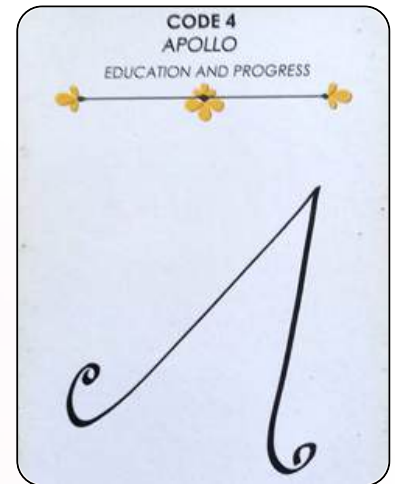
3. Master of The Week (Mondays)

Weekly, one of our Divine Mentors, sit in **inner surrender and grounding, before pulling out a card from the Master's deck for the entire Mind Scan family. Leading us either to heal parts of ourselves we weren't aware of, or simply as a guide for the collective for the rest of the week.**

To receive these blessings, reach out to us.

4. LionsGate Portal Meditation 2025

Themed as *"Progression towards Ascension, Honouring with Spiritual Gratitude & Spiritual Love, Life Changes with Karmic Backlog Cleansing, led by **Master Lady Nada and many Ascended Masters**" saw multiple individuals joining this very powerful illumined session to **awaken their Heart, Crown and Spiritual consciousness** to advance towards higher light frequencies and evolved dimensions through the very power of mind, helping lead a **Purpose-led Spiritual Life at all levels and dimensions.***



Compiled by:
Satyawathi Yadav
Meditation Mentor and Divine
Teacher @MindScan®





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Mind Scan Book

Unlocking Freedom Deck

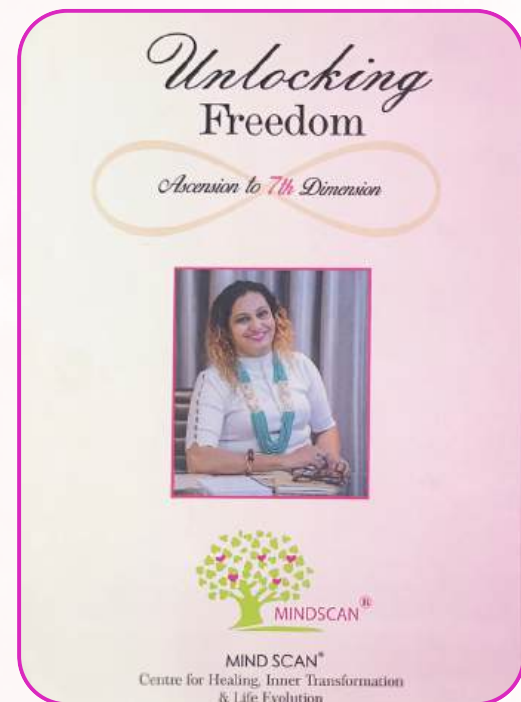
Are you ready to unlock your potential to higher dimensions of Lights and eager to raise your consciousness to receive multi-dimensional light commands, UNLOCKING FREEDOM Dec is for you.

This deck is a treasure giving you deeper insights. **The Light Commands are direct statements which combine the _power of intention, plane consciousness and energy_. *The higher the plane it is practiced from, bigger is the impact that it can have upon lives.**

Dr Prameela Sreemangalam, in her work gifts powerful manifestation tools and can have an instantaneous impact on the physical reality, **having the conscious power to create new dimensional reality**

If you have read thus far, it isn't a coincidence, Nurturing grounding, strength and deeper understanding into the **7th Dimensional reality**, it allows the profound Lights to integrate to the very DNA, aural and organ consciousness. Welcome this deck into your heart and home now!

[Align and operate from Divine Oneness.](#)



Unlock the Full Potential

Compiled by:
Satyawathi Yadav
Meditation Mentor &
Divine Teacher @ Mind Scan®





Spiritual Health *Check-In*

In our journey through life, we often seek knowledge—facts, information, and data that seems to empower us. Yet, **wisdom the deeper insight to apply that knowledge meaningfully remains a more subtle treasure.**

As we ponder this distinction, consider these thought-provoking questions to reflect on the essence of wisdom and knowledge:

1. What's the difference between knowing something and really understanding it?
2. What role does patience play in transforming knowledge into wisdom?
3. Do our feelings and opinions sometimes stop us from seeing the truth?
4. How can you utilize your wisdom for the betterment of others?
5. What role does shared knowledge play in strengthening our community?

Knowledge provides facts, while wisdom guides us to use them wisely.

Together, they help us grow and make a positive impact.



Contributed by:
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SPREADING THE LIGHTS ACROSS:

BOM | DEL | LUH | PNQ | BLR | HYD | AMD | COK | DXB | MRU | MYS | SGP | ZAF | CAN

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