



FEBRUARY
2025

MINDSCAN[®]

ISSUE NO.
THIRTY-ONE

CENTER OF HEALING, INNER TRANSFORMATION AND LIFE EVOLUTION

THE LIGHT TRANSFORMS US DEEPLY.

DR PRAMEELA SREEMANGALAM

UPCOMING EVENTS

1. DYSFUNCTIONAL FAMILY IMPRINT HEALING WITH MQY - 01ST TO 2ND FEBRUARY
2. MASTER SHIVA'S HEALING THERAPY - 01ST TO 2ND FEBRUARY
3. MASTERS HEALING LIGHT FAIR : SWAMI SAMARTH - DECK LAUNCH AND SOUL DEBT HEALING- BANGALORE - 08TH FEBRUARY
4. KARMA HEALING WITH MASTER ST GERMAIN - 11TH TO 15TH FEBRUARY
5. NEGATIVE ENERGY HEALING (LARN) - 15TH TO 16TH FEB
6. WOMB CONTRACT HEALING - 18TH TO 21ST FEBRUARY
7. GODDESS HEALING CIRCLE- DELHI-21ST TO 23RD FEBRUARY
8. AHTP LEVEL 1 & 2 - 27TH FEB TO 02ND MARCH

CONTENT

1. PEARLS OF WISDOM
2. MASTER OF THE MONTH
3. LET'S PARTICIPATE
4. OREO BOY WISDOM MESSAGE
5. HEALING
6. MIRACLES OF LIGHTS
7. HEAL AND GROW
8. SERVING THE LIGHTS
9. MINDSCAN DECKS
10. BOUQUETS
11. SPIRITUAL CHECK IN



ISSUE 31: FEB '25



Pearls of Wisdom

Dear Divine Family,

This month's theme is about **letting the light in**. Take a moment to **introspect and reflect on what this means to you**.

Ask yourself:

- Are there any areas of my life that need to receive the light?
- What areas of my life are calling out for illumination?

When **we're open and ready to welcome the Masters' light** into our consciousness, **we're essentially learning to:**

- **Surrender**
- **Allow Higher Divine Strength to guide us**
- **Permit our challenges to be resolved**
- **Transform our reality into positivity**

As we **allow light into our consciousness, we come to realize that our life is precious, valuable, and meaningful**. The light transforms us deeply, helping us to see reality from a higher perspective.

It **nurtures our true consciousness of oneness, allowing us to thrive and embrace life's journey**.

Are you ready to embark on this journey?

If Yes, affirm:

"With forgiveness, I untie all the bindings, soul contracts and prior karmas. I walk on the pathway of Light and lead all others to Freedom."

With boundless love and light,
Dr Prameela Sreemangalam
Founder Mind Scan®



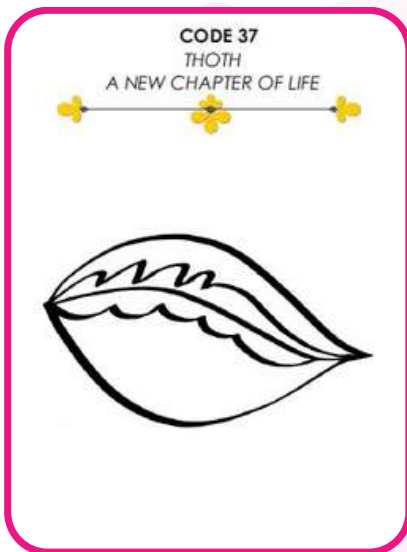


Master of the Month

Master Thoth

Theme: A New Chapter of Life

Message from the Master:



Observe the Card , Breathe in the Code Energy and absorb the energy at your heart

Affirm:

Thank you, Master Thoth, for coming into my consciousness and life. I am gifted with more ideas and creativity. Thank you, thank you, thank you.

Thoth, the Ancient Egyptian God, is known as the inventor of writing, wisdom, the lord of Divine words, and the scribe of the underworld.

By drawing in this card, **you are welcoming a new chapter in your life.**

You are asked by Thoth to surrender your consciousness and energy to nature by taking a holiday to any place that is gifted with a natural garden of the Divine.

In today's world, where a being is constantly on the run and racing to establish stability and growth, which creates strains in life and technology that lead to unhealthy toxins and ailments within the body, Master Thoth's code gifts you with **the energy of rejuvenation.**

Attending **retreats helps one to establish connectivity with nature, thus aiding one to find their purpose in the earth's plan of life.**

Thoth says, **when you hear Mother Nature's heartbeat, you are illuminated with the light of the universe.** The universe is guiding and helping you constantly to **find your purpose and direction in life.**

He assists his children upon earth to undertake new meaningful projects, assignments, establish coaching abilities as an orator, life coach, author, creative drawing, and anything that comes from innate creativity.

Exercise to Invoke Master Thoth:

- 1) Sit comfortably in one place.
- 2) Close your eyes and **establish oneness with yourself.**
- 3) Through awareness, **find your inner connection with the creative abilities that you are gifted with.**
- 4) Call for Master Thoth and ask him to give you growth energy for the meaningful projects and assignments undertaken. If there aren't any, ask the Master to gift you one or many as per his understanding of you.
- 5) **Surrender yourself completely as you receive the invocation.**
- 6) You will find the infusion of the Master's energy into your consciousness through the signs of fresh leaves that reach you from the universe. You are also likely to find flying birds, raindrops, light, flowers, and anything else that is a gift from nature.
- 7) Breathe in and absorb the energy of invocation into your heart. You will also experience an upsurge of energy activation within.
- 8) Once complete, offer gratitude to the Master and open your eyes.
- 9) Drink a glass of water.





Let's *Participate*

Do you know that you are a spark of the Divine? Do you **experience the inner strength that comes with the “knowing” that you are a part of something bigger - The Oneness.**

★ Let us dive into an immersive experience, to **understand the essence of our whole self.**

★ **Welcoming the Light**

1. Focus on the Breath : The Spark Within

- Find a place / space that gives you immense joy - could be your garden, your book corner, your meditation space or any other place within the home space.
- Begin with taking deep breaths, focussing the breath being completely experienced within your beautiful heart.
- As you begin breathing into your heart, imagine a Golden Ball of radiant, expansive Light entering your heart.

★ **Embracing the Light**

2. Focus on the Heart

- As you experience the Golden Ball of Light at the heart, further energise it fully with every inward breath.
- Observe the Golden Ball of Light, as it starts embracing your cells, your heart, every organ, and your entire body.
- You will begin to feel a warmth, a strength, a sense of grounding within. Focus on the breath and keep expanding this essence.

★ **Embodying the Light**

3. Art of Receiving Love and Gifts:

- Now as you begin to experience the Light reverberating within your body, humbly set an intent to radiate it fully - becoming ONE WITH THE LIGHT.
- Deeply allow the Light to expand, from your Heart to your environment, to the Earth. Embody the knowing that as you become one with the Light, you become Light itself.
- You can also **affirm** - **“I am One with the Light, and the Light flows through me.”**
- As you Let the Light in, you easily embody all its strength - **Expansive, Permeable, Multi-Dimensional, Restorative, Harmonizing & Joyful.**

“**Awakening the Radiance Within**” is a multi-layered way of life, igniting one’s inner light, expanding via mindful breathing, leaving the light being empowered, renewed, and deeply connected to the harmony of the universe.

Be the Light & experience it abundance,





ISSUE 31: FEB'25



Oreo Boy Wisdom *Message*



Oreo Boy Wisdom- Kingfisher

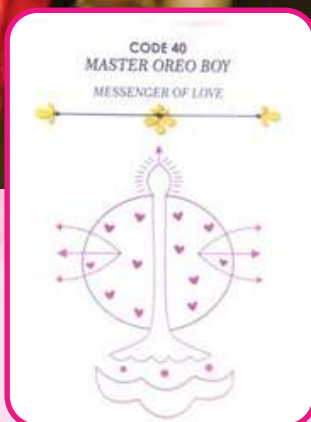
The message is- *Opportunities*

The Kingfisher is bringing **eternal peace and new opportunities** in all your endeavors. **Wisdom guides you to always operate in joy and oneness.**

Do not use the platform of your work/Service/Study for ego gratification of winning and losing. Rather, **realise that this platform is for creating and crafting excellence. You are the driving force for the people to join together to create, socialize and be in harmony.**

Affirm

I am enjoying this celebration.



Affirmation for connecting to the handsome Lord Oreo Boy.

**OREO BOY, OREO BOY LOVE YOU OREO BOY
OREO BOY, OREO BOY LOVE YOU OREO BOY**





ISSUE 31: FEB '25

Healing

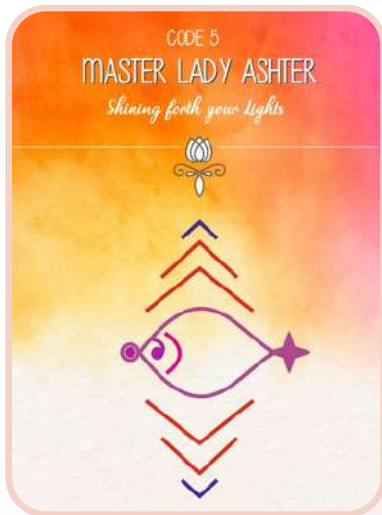
Goddess Lady Ashter
Theme: **Shining Forth your light**

MEDITATION WITH GODDESS LADY ASHTER

1. Sit in Meditation. Relax yourself.
2. Be mindful of your breath as you breathe in and out.
3. Observe the code of the Goddess Lady Ashter at your heart chakra which is located at the center of your chest.
4. As much as you are seeking answers about your existence and purpose in life, **Master Lady Ashter is here directing and leading you to the pathway of "Oneness and Lights"**
5. Master Lady Ashters code is symbolic of the knowledge that you are a star seed being, sent to the earth to **accomplish many positive realities for earth expansion, evolution and ascension.**
6. Lady Ashter of the Intergalactic Command of Lights leads you to the purpose of **raising the energy vibrations of the earth with Love.**
7. While setting with your earthly purposes, you are here to elevate the earth's vibrations by **undertaking meaningful tasks and projects.**
8. Once the meditation is complete, open your eyes and drink some water

NOTE:

If you have been experiencing or observing eye/more lights in your meditation, know that it is the attention and support coming from the Intergalactic Master Lady Ashter



**Observe and Breathe in the
Code at Heart Chakra**





ISSUE 31: FEB'25



Miracles of *Lights*

My name is Charu Dhingra, and for over five years, I have been on a transformative journey with Mind Scan under the nurturing guidance of Dr. Prameela Sreemangalam. This experience has allowed me to grow, evolve, and **embrace Energy Healing not just as a practice, but as a way of life—a profound integration of scientific understanding and metaphysical wisdom. It has brought me closer to living a life of purpose, meaning, and empowerment.**

Today, I wish to share an extraordinary story—one that exemplifies the profound power of healing and the miracles that Light and Divine Grace can manifest. This is the healing journey of my beloved mother, Mrs. Gurpreet Dhingra.

In November 2024, during a routine eye check-up, we were confronted with concerning news. One of the primary veins in my mother's right eye had swelled and enlarged, significantly affecting her vision and, further her confidence. The ophthalmologist's diagnosis, supported by an OCT scan and other tests, revealed that she would need a series of injections—one per month for at least three months—to see any improvement. While this was unsettling, **we resolved to move forward with faith and hope.**

After the first injection prescribed by the doctor, we returned home and incorporated just a few key changes for my mother's eye health:

- An anti-bacterial eye-drop to prevent infection.
- A soothing eye refresher for comfort.
- Daily healing sessions, during which high vibration Light Energy were channeled to her eyes with intent to heal it completely.

A month later, at the follow-up appointment, prepared for the second injection, an extraordinary blessing awaited us. After conducting routine tests and another OCT scan, the ophthalmologist was both surprised and mystified. The swollen vein had returned to its normal size, and its functioning had significantly improved. The second injection was deemed unnecessary.

This moment of revelation left everyone, including the doctor, in awe. Overwhelmed with gratitude, I rendered my humble thanks to the Creator Light and the Higher Ascended Masters; as it was the meditative guidance, lights and blessings received via the Masters that had brought about this miraculous recovery.

Now, my mother requires only periodic follow-ups to confirm the continued normalcy of the vein's function.

As we navigate our journeys of growth, it becomes ever more vital to recognize the healer that resides within each of us. **We are all imbued with the inner strength to heal—not just ourselves, but also our loved ones, the collective mankind family, the Earth we are blessed with and further the cosmos that surrounds us.**

The soul rejoices in the **miracles and blessings of the Supreme Creator's Light Energy, which empowers us to transcend limitations and embody the higher intelligence and consciousness within.** Such is the infinite brilliance and benevolence of the Creator's essence that lives within us all. All we have to do, is remove the blocks within which stops us from embodying it fully.

**We are Blessed in Light.
We are Blessed in Light.
We are Blessed in Light.**





ISSUE 31: FEB '25

Heal and Grow

COMING TO YOU IN FEBRUARY 2025

1. **Dysfunctional Family Imprint Healing with MQY - 01st to 2nd February - 1030Am to 1230Pm IST**
2. **Master Shiva's Healing Therapy - 01st to 2nd February- 1000Am to 0100pm IST**
3. **Masters Healing Light Fair : Swami Samarth - Bangalore - 08th February - 10:30Am to 04:30Pm IST**
Deck Launch - 500Pm to 530Pm.IST
Soul Debt Healing: 530pm to 0730Pm IST
4. **Karma Healing with Master St Germain - 11th to 15th February 0500Pm - 0600Pm IST**
5. **Negative Energy Healing (LARN) - 15th to 16th Feb - 1000Am to 0200pm IST**
6. **Womb Contract Healing - 18th to 21st February -0500Pm - 0630Pm IST**
7. **Goddess Healing Circle- Delhi-21st to 23rd February - 10:30Am to 01:30Pm**
8. **AHTP Level 1 & 2 - 27th Feb to 02nd March 2025 - 1000Am to 0200Pm IST**

Weekly Activity
Self Healing / Meditation and Earth Healing for practitioners (Wednesday)
Community Meditation Gift (Friday)

Ancestors Healing and Education Program

AHTP is a complete, pure, channeled, high healing energy program gifted to Dr Pam by the Supreme Spirit Source and Masters of Lights, **to gift healing & freedom from ancestral shadows to humanity.**

Through this spiritual science energy, with 'Masters from Lights', the **'Ancestral Imprints, Beliefs, Thoughts, Habits, Curses, Tragedies, Ailments, Anything Unhealed', are worked upon in the four levels of ancestral healing.**

Aim & Benefits:

1. To **attain healing & resolutions in seven generations of maternal & paternal lineage.**
2. Attain **resolutions to impressions of existing & ongoing ancestral karmic debts, sufferings in the lineages.**
3. To gift Ancestral Practitioners to society - for students who wish to take ahead this learning for gifting healing to humanity.
4. **Aid in life growth at physical, health, mind & spiritual levels. When ancestors are freed, there are many shifts at earth and spiritual levels leading to energy liberation to lights, thus supporting ascension, progression and evolution of family and life levels of individuals.**
5. Aid in **spiritual progression and soul evolution of individuals with the gift of Ascended Masters. Further, step ahead in spiritual growth, awareness and awakening.**
6. Attain **freedom from repetitive patterns of ancestral blocks, that's preventing life's progress** which are due to ancestral karmas, traumas, sufferings, pain and non-evolution.
7. **Shadow healing of ancestral imprints and freedom to personality. Peacemaking for life progress** through Masters guided high energy healing and invocation process.
8. Ancestral Healing benefits at all levels like; Health, Life, Work, Finances, Recognition, Progression, Spiritual evolution and Knowledge, etc.



Contributed by: Sunitha R & Madhuri Putrevu
Divine Teachers @MINDSCAN



ISSUE 31: FEB'25



Spreading the *Lights*

The month of January has come and gone, gifting us with so many life trajectories filled with soul lessons, wonderful gifts of blessings of abundance and spiritual growth and ascension. **Dr Prameela Sreemangalam and her dedicated team of Teachers and Mentors, have continued to activate and awaken hearts and homes with the Creator lights, selflessly serving in many ways and in many roles.**

1. Meditation Gift (Fridays)

Mindscan®'s **weekly Friday Community Meditation Gift, is open to practitioners and seekers alike.** The community meditation is a guided meditation activity to **activate the hearts**, through the lights of Ascended Masters, aiding in their healing, spiritual growth and evolution. Reach out to us, to be a part of our community. **Special Note:** The First Friday of every month, this gift is carried out by the Founder Dr Prameela Sreemangalam.



2. Self-Healing, Meditation with Masters and Earth Healing (Wednesdays)

We here at Mindscan® invite members **inducted into the self-healing process** to join Our Divine Teachers to undergo a guided self-healing process and thereafter **contribute to Mother Earth Healing every Wednesday. A collective consciousness healing and ascension occurs. This session is a powerful high energy healing meditation leading us towards oneness and unity. Reminding us of the power of a spiritual community.** To learn the art of Self-Healing, participate in one of the many flagship programs of Mindscan, to be inducted into this powerful self-healing practice.

3. Master of The Week (Mondays)

Weekly, one of our Divine Mentors, sit in **inner surrender and grounding, before pulling out a card from the Master's deck for the entire Mindscan® family. Leading us either to heal parts of ourselves we weren't aware of, or simply as a guide for the collective for the rest of the week.** To receive these blessings, reach out to us if you're not already part of our community group.

4. Instagram Lives

Regularly, the mentors and teachers at Mindscan come on **live on Instagram to have panel discussions, or a simple but powerful discussion on the various topics of Spirituality and life.** In this way, activating hearts and awakening minds to the lights. If you aren't already following us on **instagram be sure to follow us @mindscanofficial.**



Compiled by:
Satyawathi Yadav
Meditation Mentor and Divine
Teacher @MindScan®





ISSUE 31: FEB'25

Mindscan Deck

The Master Brothers

**Seeking your life purpose? Trying to find meaning to life?
Wanting to receive guidance to further understand
yourself, your role, and your relationship with others?**
Look no further, than “The Master Brothers” deck.

Life Purpose Divination Deck “The Master Brothers” work is a **channeled and guided reception of 40 lessons from the Great Ascended Masters - Jesus and Saint Germain**. Each lesson with a meditative exercise is a gift to mankind to **aid in their life purpose journey, spiritual ascension and spirit energy rise**.

Each of the 40 lessons when practiced through inner awareness and happiness, **will allow you to reflect upon your life passed by and gifts you with immense realization, that your life is attested by the Divine**.

Each of the 40 lessons **offers a theme and guidance, which enables transformations, shifts and rise of energy within self and those around you**.

The cards can be **used daily and also when working with circles and groups to welcome guidance from the Master Brothers**. Through the Divination Deck, they guide you to understand “Life Purpose”. With practice and evolution, you will embrace the new pathway and walk ahead in life.



Compiled by:
Satyawathi Yadav
Meditation Mentor & Divine Teacher @ Mindscan °



ISSUE 31: FEB'25

Bouquets



Mindscan® works with light of the Ascended Masters and Goddesses and bring Transformation in Individuals Lives. Anyone who believes in spirituality, has faith in Divine and is in surrender is bound to see the transformational outcome. In the Journey of Serving Lights, Mindscan® has created and witnessed Miracles after Miracles .

Today, we share a few short gratitude notes from various members who attend the weekly Self-Healing and Earth Healing sessions as a collective on Wednesdays.

Thankyou Charu mam for the Profound self healing and earth healing session. I was in complete deep surrender to masters lights.

Immense lights were flowing in all chakras in self healing .

Profound healing happened to Mother Earth with golden and white lights🌸🙏



With every self healing profound shifts are experienced🌸🙏

Eternal Gratitude Divine, Masters, Dr Pam, Sirji Sunitha mam, Charu mam, Upasna mam, Madhuri mam, divine mentors We are blessed🙏🙏🙏🙏🙏 (Ms.Anahita)

Thank you very much Charu Maam for a very profound and peaceful Self healing and Earth healing Sessions. Tremendous lights of the Divine Ascended Masters and Goddesses were flowing in all Chakras and upon Mother Earth. Truly blessed and energized. And also blessed and extremely joyous to see and welcome our Lord Ore Boy's pretty little sister Rhea into our MINDSCAN FAMILY of love and Lights. My Soulful Gratitude to Divine Mother Pam Maam, Divine Father Surendra Sirji, Divine Teachers Sunitha Maam, Madhuri Maam, Upasna maam and Mentors for always hand holding us all the time for our Spiritual growth, progress, evolution and Ascension. 🙏🙏🙏 (Ms Shrenavaz)

Thank you!





Spiritual Health *Check-In*

In our busy lives, it's easy to be **overwhelmed by challenges and negativity**. However, by **consciously inviting light into our hearts and minds, we can transform our inner and outer worlds**. This month, we invite you to reflect on how you can open yourself up to divine light, healing, and growth. **Let these questions guide you on a journey of deeper awareness and spiritual illumination.**

1. What are the *areas in your life where you feel heaviness*? **How can you begin to invite light into these spaces?**
2. Are there ***past hurts or unresolved emotions that are preventing you from fully experiencing peace and clarity?***
3. How can ***forgiveness or self-compassion help you release any barriers?***
4. In moments of doubt or fear, ***how can you connect with the divine light within you to regain strength and guidance?***
5. ***What small acts of kindness or love can you offer today to help spread the light you've received to others?***

Openness and willingness to allow Lights to work for you is the first step towards healing. **Miracles of Lights are numerous provided you hold complete faith and surrender!**





ISSUE 31 FEB '25



Contact Us

MEET THE TEAM



DR PRAMEELA SREEMANGALAM,
FOUNDER



SRINDAR SINGH
ADVISOR



SAJAN SREEMANGALAM
ADVISOR



SATYAWATHI YADAV
EDITOR-IN-CHIEF



SUNITHA R
WRITER



MADHURI PUTREVU
WRITER



CHARU DHINGRA
WRITER



NAGALAKSHMI KS
WRITER



SHAMPA MUKERJEE
WRITER



WELLNESS@MINDSCANCENTER.COM



SPREADING THE LIGHTS ACROSS BOM|DEL|PNQ|BLR|HYD|AMD|COK|DXB|MRU|MYS|SGP|ZAF|CAN|LUH